



# City of Niagara Falls, New York

PO Box 69, Niagara Falls, NY 14302-0069

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## **City to Open Cooling Centers, Pools to Beat the Heat this Weekend**

Mayor Paul A. Dyster announced the opening of several air conditioned cooling centers and city pools throughout the city this weekend to help residents beat the heat.

**Mayor Paul Dyster said**, “With back-to-back days of extreme heat expected, we are taking the necessary precautions to protect the health and safety of our residents, especially those without a place to cool off. I encourage all residents to keep an eye on their neighbors, especially children and the elderly who are particularly vulnerable during these weather events.”

**With temperatures expected in the 90’s, the following centers will be open Saturday and Sunday to those in need:**

- John Duke Senior Center (Sat. & Sun. 11am - 6pm)
- LaSalle Senior Center Building B (Sat. & Sun. 11am - 6pm)

The Niagara Falls City School District is prepared to open additional cooling centers should the need arise.

**The following city pools will also be open to the public Saturday and Sunday:**

- 91st Street (Saturday 11am - 4pm)
- Hyde Park Splash Pad (Saturday 11am - 4pm)
- 91st Street (Sunday 11am - 4pm)
- Centre Court (Sunday 11am - 4pm)

Those at greatest risk for heat-related illness include infants and children up to four years of age, and those 65 years or older.

**The Niagara Falls Fire Department asks that residents take the following steps to avoid heat-related illness or injury:**

- Stay in an air-conditioned indoor location as much as possible
- Drink plenty of fluids, even if you don’t feel thirsty
- Schedule outdoor activities carefully
- Wear loose, lightweight, light-colored clothing and sunscreen
- Take cool showers or baths to cool down
- Never leave children or pets in cars

Additional information can be found at <https://www.ready.gov/heat>

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